



# BE AWARE.....

## CHILDREN AREN'T GETTING THE CLEAN – AND – SOBER MESSAGE

**“Frisbee isn't fun unless you are high.”**

**Sunday Extra**

Providence Journal- August 5, 2007

### **BARRINGTON TRAGEDY (THIS COULD HAPPEN IN NORTH PROVIDENCE)**

*17 year old dies while knee boarding on Barrington River-  
Investigation reveals alcohol involved!*

#### **Priest Addresses Boating Death in Sermon**

“Our kids drink because we drink, that's why. If you teach them to drink at home, then you teach them to drink somewhere else,” Rev. Glover.

Providence Journal – July 25, 2007

*Tips for*

#### **Talking about Drugs**

*with Your Teenager*

- **Make It Safe.** Teens may become defensive during your crucial conversations *less* because of what you're saying than because of *why they think* you're saying it. State what you *don't* intend and what you *do* intend.

*“I want to reassure you that I have no desire to make your decisions for you, or to cut you off from having a happy life. I want to be supportive of you, and I want to influence choices you might make that I believe will hurt you.”*

- Respecting your teen's timetable for talking does not mean you are no longer the parent. If he or she doesn't want to talk now, show respect by being flexible—within reason. If your teen just doesn't want to talk at all, help him or her understand why talking is required.

*“I understand that you don't want to talk right now. I also know that you intend to go to a party tonight where I have reason to believe there might be bad influences. If we can't talk before then, I'll need to decide how to deal with the party tonight on my own. If we can talk before then, it will give me a chance to hear your point of view. What would you prefer we do?”*

- After the conversation, ask yourself who did most of the talking. If your teen didn't do at least 25 percent of it, you didn't ask enough questions—or you didn't create enough safety to allow your teen to participate fully.

For more information on how to hold crucial conversations about drugs with your teen, visit [www.crucialconversations.com/anti-drug](http://www.crucialconversations.com/anti-drug)

